

# Training

SACRAMENTO COUNTY SHERIFF'S OFFICE



POST Certified 2310-32550

## **MOTORCYCLE TRAINING**



Prerequisite: Student must have successfully completed a POST Academy, be currently employed by a law enforcement agency, and have possession of valid DL with a motorcycle endorsement. Motorcycle practice training shall be completed with student's agency prior to attending class.

**April 15 - 26, 2024**

**8 AM - 5 PM**

**SACRAMENTO REGIONAL DRIVER'S TRAINING FACILITY, 3905 ALERT ROAD, MATHER, CA 95655**

**Tuition: \$1,796.00 per student  
POST Plan IV**

**Please complete the top portion of the course Registration Form, then return to the In-Service Training Division at [TrainingCR@sacsheriff.com](mailto:TrainingCR@sacsheriff.com). SSO personnel shall register via Division Training Manager in Cornerstone.**

The Sacramento County Sheriff's Office is presenting an **eighty (80) hour, two-week POST certified basic Motorcycle Training course**. This course is designed to both mentally and physically prepare motor officers to safely and effectively operate a police motorcycle while performing a variety of law enforcement duties. This is a "no brake" course in that the use of brakes is restricted to specific exercises that are the subject of braking and exercises specifically authorizing the use of brakes. This course is designed for riding BMW, Harley Davidson, Honda, or Kawasaki motorcycles. Agencies are required to send officers with agency training bikes for on-site training and full dresser bikes for off-site rides or only full dresser bikes. The program is primarily "hands-on" training augmented with in-class material.

Some topics covered include:

- Basic Braking and Braking Concepts
- Figure 8 and Circles
- Off-set 90 (flat and incline)
- Intersection, Keyhole, Short Cones
- 40 Deceleration (braking)
- Incline Pullouts, Cone Pattern One, Two, Three
- 180 Deceleration (Braking & Turning)
- 30 MPH Cone Weave, Incline Figure 8
- Slow Ride, Dirt Ride
- Incline Start & Stop U-Turn, Apexing
- The "HURT" Study and Car Stops & Firearms

TRAINING ACADEMY - SACRAMENTO SHERIFF, 1000 RIVER WALK WAY, CARMICHAEL, CA 95608

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